

SLEEP APNOEA

AFFECTS YOUR WHOLE BODY

STROKE

Sleep Apnoea reduces blood flow to the brain and increases pressure, making it difficult for the brain to prevent damaging events like stroke



DEPRESSION & ANXIETY

Sleep Apnoea may be responsible for failure to respond to the appropriate treatment of depression and anxiety



HYPERTENSION

Sleep Apnoea can result in higher blood pressure 24 hours of the day and is known to contribute to the development of secondary hypertension



HEART DISEASE

Sleep Apnoea puts stress on the blood vessels and heart, increasing heart rate and blood pressure. All of which contribute to the development of heart disease



DIABETES

Sleep Apnoea creates an unhealthy amount of CO2 in the blood that upsets the balance in the body. This can result in difficulties using insulin



LIBIDO

Sleep Apnoea can result in lower levels of testosterone, decreasing libido in men and women



OBESITY

Ghrelin, the hormone that makes you hungry, is higher in those with Sleep Apnoea, resulting in tired and hungry individuals



Ask

your Dentist about effective life changing testing and treatments at your appointment today